

FALL SCHEDULE

August 30 - December 19, 2010

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Early Bird 6:00-9:00 am	Early Bird 6:00-7:15 am Aqua-Fit 6:30-7:15 am	Early Bird 6:00-9:00 am	Early Bird 6:00-7:15 am Aqua-Fit 6:30-7:15 am	Early Bird 6:00-9:00 am	
	Aqua Fitness 10:00-10:45 am	Aqua Fitness 10:00-10:45 am	Aqua Fitness 10:00-10:45 am	Aqua Fitness 10:00-10:45 am	Aqua Fitness 10:00-10:45 am	
Family Swim 12:00-2:00 pm	Noon Swim/ Parent & Tot Public 11:45-1:00 pm	Noon Swim/ Parent & Tot Public 11:45-1:00 pm	Noon Swim/ Parent & Tot Public 11:45-1:00 pm	Noon Swim/ Parent & Tot Public 11:45-1:00 pm	Noon Swim/ Parent & Tot Public 11:45-1:00 pm	Lane Swim 12:00-1:00 pm
Family Swim 12:00-2:00 pm						Public Swim 1:00-4:00 pm
Public Swim 2:00-5:00 pm						Public Swim 1:00-4:00 pm
Public Swim 2:00-5:00 pm	Toonie Swim 3:00-4:00 pm	Toonie Swim 3:00-4:00 pm	Toonie Swim 3:00-4:00 pm	Toonie Swim 3:00-4:00 pm	Toonie Swim 3:00-4:00 pm	Public Swim 1:00-4:00 pm
Public Swim 2:00-5:00 pm						Family Swim 4:00-5:30 pm
Lane Swim 5:00-6:00 pm	Aqua Fitness 5:30-6:15 pm		Aqua Fitness 5:30-6:15 pm			
	Public Swim 6:30-8:00 pm	Toonie Swim 6:30-8:00 pm	Public Swim 6:30-8:00 pm	Public Swim 6:30-8:00 pm	Public Swim 6:30-8:00 pm	
	Public Swim 6:30-8:00 pm	Toonie Swim 6:30-8:00 pm	Public Swim 6:30-8:00 pm	Public Swim 6:30-8:00 pm	Public Swim 6:30-8:00 pm	
	Shallow & Deep Water Fitness 8:00-8:45 pm Lane Swim (2 lanes) 8:00-9:00 pm	Deep Water Fitness 8:00-8:45 pm Lane Swim 8:00-9:30 pm	Shallow & Deep Water Fitness 8:00-8:45 pm Lane Swim (2 lanes) 8:00-9:30 pm	Deep Water Fitness 8:00-8:45 pm Lane Swim 8:00-9:30 pm	Lane Swim 8:00-9:00 pm	