

Relaunching Sports, Playgrounds and Open Spaces

The City of Camrose is opening playgrounds, courts, the outdoor gym, and the skate park at noon on Saturday, May 23.

SPORTS FIELDS AND PARKS

Okay:

- ✔ Sports training and skills practice
- ✔ With household or cohort members, games of Baseball and other diamond sports, Football, Soccer, and other field sports
- ✔ Walking on trails & picnics (with family or cohort members)

Not Okay:

- ✘ League play
- ✘ Scrimmages or pick-up games (outside of family)

To Use Safely:

- Take measures to ensure no accidental contact between participants
- Make sure participants do not touch the same ball or equipment with their hands
- Bring your own hand sanitizer and water

TENNIS & PICKLEBALL COURTS

Okay:

- ✔ Tennis, badminton, or Pickleball singles
- ✔ Doubles play only allowed with household or cohort members

Not Okay:

- ✘ League play
- ✘ Scrimmages or pick-up games (outside of family)

To Use Safely:

- Take measures to ensure no accidental contact between participants
- Bring your own marked equipment to play with (e.g. marked tennis balls) and only touch that equipment
- Come back another time if the courts are busy
- Bring your own hand sanitizer and water

VOLLEYBALL & BASKETBALL COURTS

Okay:

- ✔ Singles play
- ✔ Game play only allowed with household or cohort members

Not Okay:

- ✘ League play
- ✘ Scrimmages or pick-up games (outside of family)

To Use Safely:

- Bring your own marked equipment to play with (e.g. marked tennis balls) and only touch that equipment
- Take measures to ensure no accidental contact between participants
- Come back another time if the courts are busy, or try another court
- Bring your own hand sanitizer and water

SKATE PARK

Okay:

- ✔ Skateboarding, BMX, and scooters using only individual equipment

Not Okay:

- ✘ Loitering in area preventing others from safely enjoying the Park

To Use Safely:

- Wait my turn to use ramps, bars, etc.
- Consider wearing a mask to limit the risk of spread to others
- Bring your own hand sanitizer and water

PLAYGROUNDS/ OUTDOOR GYM

Okay:

- ✔ Use equipment
- ✔ Bring own sanitizer
- ✔ Maintain Physical Distance

Not Okay:

- ✘ Sharing toys
- ✘ Sharing food
- ✘ Large groups

To Use Safely:

- Bring your own hand sanitizer and water
- Encourage children not to share toys and no contact with others
- Consider wearing masks on the playground

OVERALL RULES

- Gather in a group less than 50 people
- Maintain 2 meters from others not in your household or cohort
- Only share common equipment with your household or cohort
- Disinfect equipment before and after use
- Wash or sanitize your hands
- Stay home if you are experiencing symptoms
- Cough/sneeze into your elbow or a tissue
- NO spitting!