



Did your swimmer take lessons recently, and they completed their preschool level? Use this transition guide to help you.

Last Red Cross Level Completed (aged based):	Register in Lifesaving Level (age based):
Star Fish	Parent and Tot (4-12 months)
Duck	Parent and Tot 2 (12-24 months)
Sea Turtle	Parent and Tot 3 (2-3years)

Last Red Cross Level Completed:	Register in Lifesaving Level:
Sea Otter	Preschool 1
Salamander	Preschool 2
Sunfish	Preschool 3
Crocodile	Preschool 4
Whale	Preschool 5
	Swimmer 1 or 2 (must be 6 years old)