

	14 Sunday	15 Monday	16 Tuesday	17 Wednesday	18 Thursday	19 Friday	20 Saturday
<b>Fitness Centre &amp; Front Desk</b>	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8pm	9am - 6pm
<b>Lane Swim, Steam Room, &amp; Hot Tub</b>	1pm - 6pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm* *Lane swim will start @ 5:30pm	6am - 12pm 5:00pm - 8:30pm *HOT TUB CLOSED	6am - 12pm 5:00pm - 8:30pm *HOT TUB CLOSED*	6am - 12pm 5pm - 8pm	1pm - 6pm
<b>Public Swim</b>	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		5pm - 8pm	1pm - 6pm
<b>Water Walking</b>		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
<b>Parent &amp; Tot</b>		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
<b>Low-Impact AquaFit</b>		9am - 10am		9am - 10am			
<b>Gentle AquaFit</b>		10am - 11am		10am - 11am			
<b>AquaFit Shallow Water</b>			11am - 12pm		11am - 12pm	9am - 10am	
<b>AquaFit Deep Water</b>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<b>Other Activities</b>			EVENING LANE SWIM WILL BEGIN AT 5:30PM	HOT TUB CLOSED FOR FILTER CLEANING	HOT TUB CLOSED FOR FILTER CLEANING		

	21 Sunday	22 Monday	23 Tuesday	24 Wednesday	25 Thursday	26 Friday	27 Saturday
<b>Fitness Centre &amp; Front Desk</b>	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	CLOSED	6am - 8pm	9am - 6pm
<b>Lane Swim, Steam Room, &amp; Hot Tub</b>	1pm - 6pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	CLOSED	6am - 12pm 5pm - 8pm	1pm - 6pm
<b>Public Swim</b>	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		5pm - 8pm	1pm - 6pm
<b>Water Walking</b>		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	CLOSED	6am - 12pm	
<b>Parent &amp; Tot</b>		9am - 12pm	9am - 12pm	9am - 12pm	CLOSED	9am - 12pm	
<b>Low-Impact AquaFit</b>		9am - 10am		9am - 10am			
<b>Gentle AquaFit</b>		10am - 11am		10am - 11am			
<b>AquaFit Shallow Water</b>			11am - 12pm		CLOSED	9am - 10am	
<b>AquaFit Deep Water</b>			7:30pm - 8:30pm		CLOSED		
<b>Other Activities</b>					CLOSED FOR ALL DAY STAFF TRAINING		

	28 Sunday	29 Monday	30 Tuesday	1 Wednesday	2 Thursday	3 Friday	4 Saturday
<b>Fitness Centre &amp; Front Desk</b>	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	CLOSED	6am - 8:30pm	6am - 6pm	1pm - 6pm
<b>Lane Swim, Steam Room, &amp; Hot Tub</b>	1pm - 6pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	CLOSED	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 6pm	1pm - 6pm
<b>Public Swim</b>	1pm - 6pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	CLOSED	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm
<b>Water Walking</b>		6am - 12:30pm	6am - 12:30pm	CLOSED	6am - 12:30pm	6am - 12:30pm	
<b>Parent &amp; Tot</b>		9am - 12:30pm	9am - 12:30pm	CLOSED	9am - 12:30pm	9am - 12:30pm	
<b>Low-Impact AquaFit</b>		9am - 10am		CLOSED			
<b>Gentle AquaFit</b>		10am - 11am		CLOSED			
<b>AquaFit Shallow Water</b>			11am - 12pm	CLOSED	11am - 12pm	9am - 10am	
<b>AquaFit Deep Water</b>			7:30pm - 8:30pm	CLOSED	7:30pm - 8:30pm		
<b>Other Activities</b>				FACILITY CLOSED			

	5 Sunday	6 Monday	7 Tuesday	8 Wednesday	9 Thursday	10 Friday	11 Saturday
<b>Fitness Centre &amp; Front Desk</b>	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
<b>Lane Swim, Steam Room, &amp; Hot Tub</b>	1pm - 6pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 6pm	1pm - 6pm <b>*NO LANE SWIM*</b>
<b>Public Swim</b>	1pm - 6pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm <b>*WIBIT*</b>
<b>Water Walking</b>		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
<b>Parent &amp; Tot</b>		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
<b>Low-Impact AquaFit</b>		9am - 10am		9am - 10am			
<b>Gentle AquaFit</b>		10am - 11am		10am - 11am			
<b>AquaFit Shallow Water</b>			11am - 12pm		11am - 12pm	9am - 10am	
<b>AquaFit Deep Water</b>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<b>Other Activities</b>							<b>WIBIT WEEKEND 1PM - 6PM *NO LANE SWIM OR SLIDE*</b>

	12 Sunday	13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday	18 Saturday
<b>Fitness Centre &amp; Front Desk</b>	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
<b>Lane Swim, Steam Room, &amp; Hot Tub</b>	1pm - 6pm *NO LANE SWIM*	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm *Hot Tub Closed*	6am - 12:30pm 1pm - 6pm	1pm - 6pm
<b>Public Swim</b>	1pm - 6pm *WIBIT*	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm
<b>Water Walking</b>		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
<b>Parent &amp; Tot</b>		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
<b>Low-Impact AquaFit</b>		9am - 10am		9am - 10am			
<b>Gentle AquaFit</b>		10am - 11am		10am - 11am			
<b>AquaFit Shallow Water</b>			11am - 12pm		11am - 12pm	9am - 10am	
<b>AquaFit Deep Water</b>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<b>Other Activities</b>	WIBIT WEEKEND 1PM - 6PM *NO LANE SWIM OR SLIDE*				HOT TUB CLOSED FOR MONTHLY MAINTENANCE		

	19 Sunday	20 Monday	21 Tuesday	22 Wednesday	23 Thursday	24 Friday	25 Saturday
<b>Fitness Centre &amp; Front Desk</b>	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	CLOSED
<b>Lane Swim, Steam Room, &amp; Hot Tub</b>	1pm - 6pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 6pm	CLOSED
<b>Public Swim</b>	1pm - 6pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	CLOSED
<b>Water Walking</b>		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
<b>Parent &amp; Tot</b>		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
<b>Low-Impact AquaFit</b>		9am - 10am		9am - 10am			
<b>Gentle AquaFit</b>		10am - 11am		10am - 11am			
<b>AquaFit Shallow Water</b>			11am - 12pm		11am - 12pm	9am - 10am	
<b>AquaFit Deep Water</b>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<b>Other Activities</b>							FACILITY CLOSED FOR SEA SERPENT SWIM MEET

	26 Sunday	27 Monday	28 Tuesday	29 Wednesday	30 Thursday	31 Friday	1 Saturday
<b>Fitness Centre &amp; Front Desk</b>	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
<b>Lane Swim, Steam Room, &amp; Hot Tub</b>	1pm - 6pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 6pm	1pm - 6pm
<b>Public Swim</b>	1pm - 6pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm
<b>Water Walking</b>		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
<b>Parent &amp; Tot</b>		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
<b>Low-Impact AquaFit</b>		9am - 10am		9am - 10am			
<b>Gentle AquaFit</b>		10am - 11am		10am - 11am			
<b>AquaFit Shallow Water</b>			11am - 12pm		11am - 12pm	9am - 10am	
<b>AquaFit Deep Water</b>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<b>Other Activities</b>							

	2 Sunday	3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday	8 Saturday
<b>Fitness Centre &amp; Front Desk</b>	1pm - 6pm	CLOSED	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
<b>Lane Swim, Steam Room, &amp; Hot Tub</b>	1pm - 6pm	CLOSED	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 6pm	1pm - 6pm
<b>Public Swim</b>	1pm - 6pm	CLOSED	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm
<b>Water Walking</b>		CLOSED	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
<b>Parent &amp; Tot</b>		CLOSED	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
<b>Low-Impact AquaFit</b>		CLOSED		9am - 10am			
<b>Gentle AquaFit</b>		CLOSED		10am - 11am			
<b>AquaFit Shallow Water</b>		CLOSED	11am - 12pm		11am - 12pm	9am - 10am	
<b>AquaFit Deep Water</b>		CLOSED	7:30pm - 8:30pm		7:30pm - 8:30pm		
<b>Other Activities</b>		FACILITY CLOSED					

	9 Sunday	10 Monday	11 Tuesday	12 Wednesday	13 Thursday	14 Friday	15 Saturday
<b>Fitness Centre &amp; Front Desk</b>	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
<b>Lane Swim, Steam Room, &amp; Hot Tub</b>	1pm - 6pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 6pm	1pm - 6pm
<b>Public Swim</b>	1pm - 6pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm
<b>Water Walking</b>		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
<b>Parent &amp; Tot</b>		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
<b>Low-Impact AquaFit</b>		9am - 10am		9am - 10am			
<b>Gentle AquaFit</b>		10am - 11am		10am - 11am			
<b>AquaFit Shallow Water</b>			11am - 12pm		11am - 12pm	9am - 10am	
<b>AquaFit Deep Water</b>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<b>Other Activities</b>							

	16 Sunday	17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday	22 Saturday
<b>Fitness Centre &amp; Front Desk</b>	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
<b>Lane Swim, Steam Room, &amp; Hot Tub</b>	1pm - 6pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm *Hot Tub Closed*	6am - 12:30pm 1pm - 6pm	1pm - 6pm *NO LANE SWIM*
<b>Public Swim</b>	1pm - 6pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm *WIBIT*
<b>Water Walking</b>		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
<b>Parent &amp; Tot</b>		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
<b>Low-Impact AquaFit</b>		9am - 10am		9am - 10am			
<b>Gentle AquaFit</b>		10am - 11am		10am - 11am			
<b>AquaFit Shallow Water</b>			11am - 12pm		11am - 12pm	9am - 10am	
<b>AquaFit Deep Water</b>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<b>Other Activities</b>					HOT TUB CLOSED FOR MONTHLY MAINTENANCE		WIBIT WEEKEND 1PM - 6PM *NO LANE SWIM OR SLIDE*

	23 Sunday	24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday	29 Saturday
<b>Fitness Centre &amp; Front Desk</b>	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
<b>Lane Swim, Steam Room, &amp; Hot Tub</b>	1pm - 6pm *NO LANE SWIM*	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 4pm 6:30pm - 8:30pm	6am - 12:30pm 1pm - 6pm	1pm - 6pm
<b>Public Swim</b>	1pm - 6pm *WIBIT*	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm
<b>Water Walking</b>		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
<b>Parent &amp; Tot</b>		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
<b>Low-Impact AquaFit</b>		9am - 10am		9am - 10am			
<b>Gentle AquaFit</b>		10am - 11am		10am - 11am			
<b>AquaFit Shallow Water</b>			11am - 12pm		11am - 12pm	9am - 10am	
<b>AquaFit Deep Water</b>			7:30pm - 8:30pm		7:30pm - 8:30pm		
<b>Other Activities</b>	WIBIT WEEKEND 1PM - 6PM *NO LANE SWIM OR SLIDE*						LAST DAY BEFORE ANNUAL SHUTDOWN