

	5 Sunday	6 Monday	7 Tuesday	8 Wednesday	9 Thursday	10 Friday	11 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
Lane Swim, Steam Room, & Hot Tub	1pm - 6pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 6pm	1pm - 6pm *NO LANE SWIM*
Public Swim	1pm - 6pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm *WIBIT*
Water Walking		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
Parent & Tot		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
Low-Impact AquaFit		9am - 10am		9am - 10am			
Gentle AquaFit		10am - 11am		10am - 11am			
AquaFit Shallow Water			11am - 12pm		11am - 12pm	9am - 10am	
AquaFit Deep Water			7:30pm - 8:30pm		7:30pm - 8:30pm		
Other Activities							WIBIT WEEKEND 1PM - 6PM *NO LANE SWIM OR SLIDE*

	12 Sunday	13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday	18 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
Lane Swim, Steam Room, & Hot Tub	1pm - 6pm *NO LANE SWIM*	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm *Hot Tub Closed*	6am - 12:30pm 1pm - 6pm	1pm - 6pm
Public Swim	1pm - 6pm *WIBIT*	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm
Water Walking		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
Parent & Tot		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
Low-Impact AquaFit		9am - 10am		9am - 10am			
Gentle AquaFit		10am - 11am		10am - 11am			
AquaFit Shallow Water			11am - 12pm		11am - 12pm	9am - 10am	
AquaFit Deep Water			7:30pm - 8:30pm		7:30pm - 8:30pm		
Other Activities	WIBIT WEEKEND 1PM - 6PM *NO LANE SWIM OR SLIDE*				HOT TUB CLOSED FOR MONTHLY MAINTENANCE		

	19 Sunday	20 Monday	21 Tuesday	22 Wednesday	23 Thursday	24 Friday	25 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	CLOSED
Lane Swim, Steam Room, & Hot Tub	1pm - 6pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 6pm	CLOSED
Public Swim	1pm - 6pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	CLOSED
Water Walking		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
Parent & Tot		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
Low-Impact AquaFit		9am - 10am		9am - 10am			
Gentle AquaFit		10am - 11am		10am - 11am			
AquaFit Shallow Water			11am - 12pm		11am - 12pm	9am - 10am	
AquaFit Deep Water			7:30pm - 8:30pm		7:30pm - 8:30pm		
Other Activities							FACILITY CLOSED FOR SEA SERPENT SWIM MEET

	26 Sunday	27 Monday	28 Tuesday	29 Wednesday	30 Thursday	31 Friday	1 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
Lane Swim, Steam Room, & Hot Tub	1pm - 6pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 6pm	1pm - 6pm
Public Swim	1pm - 6pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm
Water Walking		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
Parent & Tot		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
Low-Impact AquaFit		9am - 10am		9am - 10am			
Gentle AquaFit		10am - 11am		10am - 11am			
AquaFit Shallow Water			11am - 12pm		11am - 12pm	9am - 10am	
AquaFit Deep Water			7:30pm - 8:30pm		7:30pm - 8:30pm		
Other Activities							

	2 Sunday	3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday	8 Saturday
Fitness Centre & Front Desk	1pm - 6pm	CLOSED	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
Lane Swim, Steam Room, & Hot Tub	1pm - 6pm	CLOSED	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 6pm	1pm - 6pm
Public Swim	1pm - 6pm	CLOSED	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm
Water Walking		CLOSED	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
Parent & Tot		CLOSED	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
Low-Impact AquaFit		CLOSED		9am - 10am			
Gentle AquaFit		CLOSED		10am - 11am			
AquaFit Shallow Water		CLOSED	11am - 12pm		11am - 12pm	9am - 10am	
AquaFit Deep Water		CLOSED	7:30pm - 8:30pm		7:30pm - 8:30pm		
Other Activities		FACILITY CLOSED					

	9 Sunday	10 Monday	11 Tuesday	12 Wednesday	13 Thursday	14 Friday	15 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
Lane Swim, Steam Room, & Hot Tub	1pm - 6pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 6pm	1pm - 6pm
Public Swim	1pm - 6pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm
Water Walking		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
Parent & Tot		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
Low-Impact AquaFit		9am - 10am		9am - 10am			
Gentle AquaFit		10am - 11am		10am - 11am			
AquaFit Shallow Water			11am - 12pm		11am - 12pm	9am - 10am	
AquaFit Deep Water			7:30pm - 8:30pm		7:30pm - 8:30pm		
Other Activities							

	16 Sunday	17 Monday	18 Tuesday	19 Wednesday	20 Thursday	21 Friday	22 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
Lane Swim, Steam Room, & Hot Tub	1pm - 6pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm *Hot Tub Closed*	6am - 12:30pm 1pm - 6pm	1pm - 6pm *NO LANE SWIM*
Public Swim	1pm - 6pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm *WIBIT*
Water Walking		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
Parent & Tot		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
Low-Impact AquaFit		9am - 10am		9am - 10am			
Gentle AquaFit		10am - 11am		10am - 11am			
AquaFit Shallow Water			11am - 12pm		11am - 12pm	9am - 10am	
AquaFit Deep Water			7:30pm - 8:30pm		7:30pm - 8:30pm		
Other Activities					HOT TUB CLOSED FOR MONTHLY MAINTENANCE		WIBIT WEEKEND 1PM - 6PM *NO LANE SWIM OR SLIDE*

	23 Sunday	24 Monday	25 Tuesday	26 Wednesday	27 Thursday	28 Friday	29 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
Lane Swim, Steam Room, & Hot Tub	1pm - 6pm *NO LANE SWIM*	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 4pm 7:00pm - 8:30pm	6am - 12:30pm 1pm - 6pm	1pm - 6pm
Public Swim	1pm - 6pm *WIBIT*	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 4pm 6:30pm - 8:30pm	1pm - 6pm	1pm - 6pm
Water Walking		6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	6am - 12:30pm	
Parent & Tot		9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	9am - 12:30pm	
Low-Impact AquaFit		9am - 10am		9am - 10am			
Gentle AquaFit		10am - 11am		10am - 11am			
AquaFit Shallow Water			11am - 12pm		11am - 12pm	9am - 10am	
AquaFit Deep Water			7:30pm - 8:30pm		7:30pm - 8:30pm		
Other Activities	WIBIT WEEKEND 1PM - 6PM *NO LANE SWIM OR SLIDE*						LAST DAY BEFORE ANNUAL SHUTDOWN