

Facility Schedule for March 1 - March 7

	1 Sunday	2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday	7 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	9am - 6pm
Lane Swim, Steam Room, & Hot Tub	1pm - 6pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8pm	1pm - 6pm
Public Swim	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		5pm - 8pm	1pm - 6pm WIBIT
Water Walking		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
Parent & Tot		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
Low-Impact AquaFit		9am - 10am		9am - 10am			
Gentle AquaFit		10am - 11am		10am - 11am			
AquaFit Shallow Water			11am - 12pm		11am - 12pm	9am - 10am	
AquaFit Deep Water			7:30pm - 8:30pm		7:30pm - 8:30pm		
Other Activities							WIBIT WEEKEND *No Slide or Lane Swim*

Facility Schedule for March 8 - March 14

	8 Sunday	9 Monday	10 Tuesday	11 Wednesday	12 Thursday	13 Friday	14 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	9am - 6pm
Lane Swim, Steam Room, & Hot Tub	1pm - 6pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5pm - 8:30pm	** 6am - 12pm 5pm - 8pm	1pm - 6pm
Public Swim	1pm - 6pm WIBIT			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		5pm - 8pm	1pm - 6pm
Water Walking		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
Parent & Tot		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
Low-Impact AquaFit		9am - 10am		9am - 10am			
Gentle AquaFit		10am - 11am		10am - 11am			
AquaFit Shallow Water			11am - 12pm		11am - 12pm		
AquaFit Deep Water			7:30pm - 8:30pm		7:30pm - 8:30pm		
Other Activities	WIBIT WEEKEND *No Slide or LaneSwim*					**NO LANE SWIM OR ACCESS TO 25 M LAP POOL	

Facility Schedule for March 15 - March 21

	15 Sunday	16 Monday	17 Tuesday	18 Wednesday	19 Thursday	20 Friday	21 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	9am - 6pm
Lane Swim, Steam Room, & Hot Tub	1pm - 6pm	6am - 12pm 5pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm Hot Tub Closed	6am - 12pm 5pm - 8pm	1pm - 6pm
Public Swim	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		5pm - 8pm	1pm - 6pm
Water Walking		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
Parent & Tot		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
Low-Impact AquaFit		9am - 10am		9am - 10am			
Gentle AquaFit		10am - 11am		10am - 11am			
AquaFit Shallow Water			11am - 12pm		11am - 12pm	9am - 10am	
AquaFit Deep Water			7:30pm - 8:30pm		7:30pm - 8:30pm		
Other Activities					Hot Tub Closed All Day Social Thursday 10am - 12:30pm		

Facility Schedule for March 22 - March 28

	22 Sunday	23 Monday	24 Tuesday	25 Wednesday	26 Thursday	27 Friday	28 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 6pm	1pm - 6pm
Lane Swim, Steam Room, & Hot Tub	1pm - 6pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 1pm - 6pm	1pm - 6pm
Public Swim	1pm - 6pm			5:00pm - 8:30pm *LEISURE BASIN & SLIDE ONLY		1pm - 6pm NO SCHOOL PUBLIC SWIM	1pm - 6pm
Water Walking		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
Parent & Tot		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
Low-Impact AquaFit		9am - 10am		9am - 10am			
Gentle AquaFit		10am - 11am		10am - 11am			
AquaFit Shallow Water			11am - 12pm		11am - 12pm	9am - 10am	
AquaFit Deep Water			7:30pm - 8:30pm		7:30pm - 8:30pm		
Other Activities							

Facility Schedule for March 29 - April 4

	29 Sunday	30 Monday	31 Tuesday	1 Wednesday	2 Thursday	3 Friday	4 Saturday
Fitness Centre & Front Desk	1pm - 6pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:30pm	6am - 8:00pm	1pm - 6pm
Lane Swim, Steam Room, & Hot Tub	1pm - 6pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5:00pm - 8:30pm	6am - 12pm 5pm - 8pm	1pm - 6pm
Public Swim	1pm - 6pm		1:00pm - 4:00pm SPRING BREAK PUBLIC SWIM	1:00pm - 4:00pm SPRING BREAK PUBLIC SWIM	1:00pm - 4:00pm SPRING BREAK PUBLIC SWIM	5pm - 8pm	1pm - 6pm
Water Walking		6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	6am - 12pm 5:00pm - 8:30pm *IN LAZY RIVER ONLY	6am - 12pm	
Parent & Tot		9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	9am - 12pm	
Low-Impact AquaFit		9am - 10am		9am - 10am			
Gentle AquaFit		10am - 11am		10am - 11am			
AquaFit Shallow Water			11am - 12pm		11am - 12pm	9am - 10am	
AquaFit Deep Water			7:30pm - 8:30pm		7:30pm - 8:30pm		
Other Activities			Spring Break Public Swim 1pm - 4pm	Spring Break Public Swim 1pm - 4pm	Spring Break Public Swim 1pm - 4pm		